

Nearly two-thirds of adults in England are overweight or living with obesity. Inequalities in prevalence of obesity exist in relation to deprivation, ethnicity, gender, geography and mental illness. More flexible ways to access support for weight management are needed by tapping into the potential offered by a range of digital services, where evidence of effectiveness is still emerging.

How Oviva can help

Oviva is a digital behaviour change provider. Our team of specialist healthcare professionals combined with our unique digital tools support patients to improve their health and better self-manage their conditions.

Oviva Tier 2 Weight Management is a highly engaging twelve week digital service with 1-to-1 coaching from a dedicated health coach and peer-to-peer support groups.

Help your patients improve their confidence in self-management by referring them to Oviva Tier 2 Weight Management.

“Weighed myself for second week on my new scales. Appear to have lost almost 5 lbs this week! At last! Movement in the right direction!”

(Quote from patient on the National T2 Weight Management Programme)

Benefits for primary care



Transformative healthcare: New lifestyle-led health management rather than a medication first approach



Improvements in comorbid health conditions reduce the need for GP and Practice Nurse visits

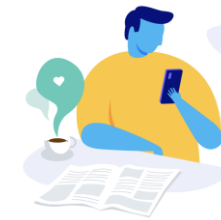


Accessible for everyone: Increased access to men, ethnic minorities and working age groups with 100% remote delivery

Benefits for patients



Expert-led care tailored to individual needs delivered by Oviva's multilingual coaches



100% remote delivery with flexible appointments for intensive and convenient coaching



Free unique digital tools & resources for self-led learning to support behaviour change

If you have any further questions, please contact:
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Oviva Tier 2 Weight Management pathway

